

L₁ e₁ N₁ t₁ b₃ I₁ b₃ L₁ E₁ s₁ T₁ u₁ d₂ Y₄

p₃ R₁ o₁ G₂ r₁ A₁ M₃ M₃ E₁

W₁ e₁ e₁ K₅ 2₂

Suggested timetable		
	Gathering and opening prayer	5 minutes
	<i>Lectio Divina</i> on previous Sunday's gospel reading (guidance notes and text below)	30 minutes
	Refreshments Watch the filmed material whilst you enjoy your refreshments	30 minutes
	Group discussion arising from the film, thinking through any questions from; <ul style="list-style-type: none"> • the bible study • the filmed material, especially any questions at the end • Considering the following in connection with Goal; <ul style="list-style-type: none"> ○ List your personal and common goals under these headings; <ul style="list-style-type: none"> a) Ultimate b) This year c) This month d) Tomorrow ○ Discuss what the lists show and then reflect back to the priorities that you considered last week <p>End with a closing prayer</p>	25 minutes
		1.5 hours

LECTIO DIVINA – A GROUP APPROACH

1. Before reading the selected Bible passage, allow a minute or so of silence as the leader reminds people to listen for the word or phrase that catches their attention.
2. One person reads the Bible passage slowly. Alternatively, read one verse each going around the group.
3. Members of the group are given several minutes (leader to time but 6-7 minutes would be good) to recall in silence, and then underline the word or phrase that caught their attention.
4. Each person shares the word or phrase with others in the group, each taking a turn in order.
5. After a period of silence (as before 6-7 minutes), each person says briefly (no more than a sentence or two) how or why that word or phrase spoke to them.
6. Another person reads the same Bible passage or a verse at a time as before.
7. Members of the group are given several minutes to reflect quietly on the question, “If I were to **change one thing** as a result of this reflection, what would it be?” and make a note of what they sense or feel.
8. In a time of discussion each person shares with the group how they sense this scripture touching their life and moving them towards how they could **change one thing** either in their own life or in the life and witness of your faith community saying “I see, I hear, I sense that...”
9. Leader brings the discussion to a conclusion – not summing up but reflecting how all the various comments and suggestions are now to be pondered further as you take some refreshment.
10. Serve the refreshments and encourage the group to continue talking about the Lenten call to repentance (change) and how challenging it is.

Second Week
Luke 9: 28 – 36

²⁸ Now about eight days after these sayings Jesus took with him Peter and John and James, and went up on the mountain to pray.

²⁹ And while he was praying, the appearance of his face changed, and his clothes became dazzling white.

³⁰ Suddenly they saw two men, Moses and Elijah, talking to him.

³¹ They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem.

³² Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him.

³³ Just as they were leaving him, Peter said to Jesus, “Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah”—not knowing what he said.

³⁴ While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud.

³⁵ Then from the cloud came a voice that said, “This is my Son, my Chosen;* listen to him!”

³⁶ When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen.

*Other ancient authorities read *my Beloved*